



Breads

Selection of artisan breads, dipping oil £3.50

Garlic bread £3

Add mozerella .50p

Charcuterie

Spicy n'duja £5.50

spreadable air cured salami from Calabria, toasted focaccia

Sautéed chorizo in a Rioja & honey £6.95

Meats

Chicken wings £7.95

Crispy roasted with honey, pimenton and lots of garlic. Perl Las blue cheese dressing.

Chorizo & pork Scotch egg £7.95

Organic black pudding & white pudding £5.95

poached free range egg

Ibirico ham croquetas, mojo rojo sauce £6

Chicken liver pate with cointreau £7.50

toasted sour dough

Meatballs fritada £6

Pork & beef meatballs in a roasted pepper & tomato sauce

Slow braised treacle glazed oc cheek £7.95

toasted sour dough

Meat & fish free

Smoked & salted Catalan almonds £2.50

Baked field mushrooms, goats cheese, honey £6.50

Spanish Gordal olives £4

Warm roasted Mediterranean vegetables £6.95

crumbled Perl Las blue cheese

Tatas bravas £5

roasted garlic mayo

Tomato, red onion & oregano crumble £6.95

Parmesan, creme fraische

Feta salad, watermelon, mint £6.95

citrus dressing

Selsig Morgannwg/Glamorgan 'sausage' £6.95

A traditional Welsh croquet of leek, Caerffilli & herbs.

coast deli and dining

tapas-style small plates

Monday to Wednesday evening

5pm to 9pm (last orders)

Seafood, fish & shellfish

Pan fried large 'gambas' prawns, garlic butter £9

Mussels Marinier £8/£16

White wine, cream, garlic

Seared scallops £9

Baked fillet of hake £7.95

Puy lentils, garlic, red wine

Salt & pepper squid, aioli £7

"Bacalao' salt cod croquettes £6

garlic mayo

Tempura battered soft shell crab £9

garlic mayo

Coast sharing platter

on a garlic & rosemary flatbread

Mixed antipasti board (v) £14.50

Olives, balsamic onions, sweet pickled garlic, cornishons, caper berries, char-grilled & marinated vegetables, artichoke hearts, sun-dried tomatoes

Beachside board £30

Garlic tiger prawns, smoked salmon, crab & prawn medley, sweet cured rollmop, razor clams with ginger & chilli, samphire, laverbread & cockle cakes, mussels, flat bread (items may vary slightly depending on availability)

Hand made stone baked pizza

Please turn over for our pizza menu

Pizzas are brought to you as and when ready

If sharing, we'd advise 2 or 3 dishes each to begin.
The sharing patters are suitable for 2 or more people...or one hungry one!
Dishes are brought to the table individually, as and when ready .

