



# coast deli and dining

## sunset menu

Thursday to Saturday

5pm to 9pm

### Breads & nibbly bits

<b>Spanish gordal olives</b>	£4	<b>Garlic flat bread</b>	£3.50
<b>Basket of artisan breads, dipping oils</b>	£4	<b>Salted &amp; smoked Catalan almonds</b>	£2.50

### Sharing platters

#### Beachside board

£30

Garlic tiger prawns, smoked salmon, crab & prawn medley, sweet cured rollmop, razor clams with ginger & chilli, samphire, laverbread & cockle cakes, mussels, flat bread  
(items may vary slightly depending on availability)

#### Mixed antipasti board (v)

£14.50

Olives, balsamic onions, sweet pickled garlic, cornishons, caper berries, char-grilled & marinated vegetables, artichoke hearts, sun-dried tomatoes

### To begin

<b>Fresh mussels</b>	£8	<b>Tomato, red onion &amp; oregano crumble</b>	£7
cream, garlic, shallots, crusty bread		Parmesan, creme fraiche	
<b>Seared scallops</b>	£10.50	<b>Sticky chicken wings</b>	£7.95
miso, sesame and yuzu dressing		Crispy roasted with honey, pimenton and lots of garlic. Perl Las blue cheese dip	
<b>Fresh asparagus</b>	£8	<b>Thai style fish cakes</b>	£8
Palma ham, Hollandaise		light Asian broth	
<b>Feta salad, watermelon, fresh mint</b>	£6.95		
citrus dressing			

### Mains

<b>Breast of Gressingham duck</b>	£18.50	<b>South East Asian vegetable curry</b>	£14
sea buckthorn, berries, chilli, ginger. Spiced potatoes		coconut Jasmin rice ~add chicken £3 ~add seafood £4	
<b>Hake 'en papillon' with clams &amp; mussels</b>	£17.50	<b>Warm stack of polenta, leek &amp; avocado</b>	£15.50
vegetable ribbons, beurre blanc sauce, crushed garlic potatoes. Pickled red onion		crispy kale, pickled red onion, roasted sweet potato, edamame, toasted sesame & laver flakes, poached free range egg, wild garlic oil, sriracha mayo	
<b>Whole black bream Nicoise</b>	£18	<b>Treacle glazed braised ox cheek</b>	£17
baked, with French beans, olives, semi dried tomatoes, baby potatoes & soft boiled egg		tenderstem, pan seared polenta	
<b>Open seafood lasagne</b>	£16.50	<b>Whole Aberdyfi lobster- 24hrs notice</b>	£40
fresh lasagne layered with king prawns and assorted seafood, roasted cherry vine tomatoes and salsa verde. House salad, garlic sour dough		prepared as you wish, Coast style or with an accompaniment of your choice	
<b>Rack of Welsh lamb</b>	£18.95	<b>Moules frites</b>	£17.50
pancetta & pea fricasse, crushed and minted potatoes		white wine, cream, garlic. Old Bay spiced fries	

'Old Bay' spiced skinny fries

Roasted sweet potatoes

Asparagus, shaved Parmesan

### Sides

£3.25 each

Buttered or garlic mash

Buttered kale or tender stem

House salad

