

## Breakfast in a box

9am to 12pm

**Bacon baguette £4***add a fried egg £1***Glamorgan 'sausage' £6.95***Caerfilli cheese & leek croquet, scrambled free range egg***Edwards of Conway sausage baguette £5***add a fried egg £1***Belgium waffle, bacon, maple syrup £6.50**

## Deli Sub Sandwiches

9am to 3pm

*Prices include your choice of today's artisan breads, salads and dressings.*

Breads. Toasted, if you prefer...

*White French Sub, Wholegrain or White Italian*

£4.50

**B. L. T.***Bacon, lettuce, tomato***Caprese salad***Heritage tomato, Buffalo mozzarella, pesto***Tuna & red onion****Black bean, avocado, humas & salsa**

£7.50

**Reuben***Pastrami, Swiss cheese, sauerkraut***Chicken fajita***Sauteed onion, peppers, paprika, oregano. coriander mayo***Meatball & mozzarella****Welsh steak & balsamic onions****Crab & prawn medley (£9.75)**

£5.50

**Sweet & spicy pulled pork, slaw ~ Falafel, tahini, salad**  
**Chicken, bacon, avocado ~ Home cooked ham & Cheddar**

## All day Menu & Evening

### Salads

*add: Chicken £4, Chorizo £4, King prawns £6***Greek £8.75***Feta, cucumber, onion, green pepper, olives, lemon & dill dressing***Sunny vibes £8.25***Green salad with buckwheat and broad beans in a honey mustard sauce***Indian Summer £8.50***Duo salad of quinoa and vegetables in a curry dressing***Nordic Soul £8.25***A fresh salad based on barley, fine vegetables and a light creamy sauce with lemon and mint***Quinoa Salad £8.50***Dressed and served with chickpeas, sweetcorn, red pepper and tomatoes*

### German-style 'bratwurst' hot dogs

All £6 each

*25-28cm genuine German sausage in brioche bun***Bratwurst XL***Pork bratwurst, crispy onion topping***Chilli beef frankfurter***Beef and veal sausage with sauerkraut***Currywurst***Pork and bacon sausage with authentic German curry ketchup*

## Small dishes & sides

**Sautéed chorizo, rioja, honey £7 ~ Spanish Gordal olives £4 ~ Garlic bread £3.50**  
**'Old Bay' spiced skin on fries £3.25 ~ Creamy garlic mushrooms £4 ~ House salad £4**

Please turn over for a great range of hand-made, stone-baked pizza

## Hand-made, stone-baked pizza

### **Margarita £11**

*Tomato, oregano, mozzarella*

### **BBQ Chicken £12**

*Roasted peppers, chicken, BBQ drizzle*

### **Seafood £14.50**

*Clams, mussels, anchovies, prawns, crab & lava flakes*

### **Meaty £13.50**

*Ham, pastrami, meatballs, pepperoni, mixed peppers*

### **Spicy £13**

*Chorizo, hot jalapeño, pepperoni, red onion, chilli flakes*

### **Deli £12.50**

*Artichoke hearts, olives, caperberries, sun-dried tomatoes, capers*

### **Oyster mushrooms & Goats cheese £12.50**

*Sautéed oyster mushrooms, Goats cheese, rocket*

### **Extra toppings £1 each**

*Artichoke hearts ~ olives ~ caper berries  
sun-dried tomatoes ~ capers ~ red onion ~ chorizo  
pepperoni ~ ham ~ chicken ~ hot jalapeño ~ pastrami ~ chilli flakes*

## Don't forget your drinks...

*We have a full range of wines, beers, mixed and soft drinks  
to take away, including recyclable glasses!*

## Picnic Bags

**Designed for 2, each bag includes dressed salad leaves & recyclable plates & cutlery.**

**Why not add some wine...we'll even throw in disposable glasses!**

### **Mediterranean £20**

*Artichoke hearts, olives, vegetable quiche, feta, flat bread*

### **Beachside £35**

*Lobster terrine, crab & prawn medley, smoked salmon, lime mayo, wholemeal hoggies*

### **Meaty £24**

*Hand raised pork pie, duck or venison paté, onion confit, wholemeal hoggies*

### **Coast & Country £40**

*Crab terrine, duck paté, crab & prawn medley, smoked salmon, hand raised pie, quiche, wholemeal hoggies*

Please order your picnic bags for the following morning